

CPE Narnia

Month: May 2026

		Monday	Tuesday	Wednesday	Thursday	Friday
AM		Wholegrains cereals	Fresh fruits	Fresh fruits	Fresh fruits	Fresh fruits
	27		28	29	30	01
Regular						Veal Tortellini Vegetables of the day
Vegetarian						Cheese Tortellini Vegetables of the day
Vegan						Vegan cheese pasta Vegetables of the day
Dessert						Gelatin free yogurt
PM						Lemon madeleines
Snack						
	04	05	06	07	08	
Regular	Potatoe & leak soup With half grilled cheese	Chicken rigatoni Tomato sauce & spinach	Ground meat pizza served with crudités	Soy glazed tofu edamame with Chow mein noodles	Turkey meatballs Rice & macedoine	
Vegetarian	Potatoe & leak soup With half grilled cheese	Cheese rigatoni Tomato sauce & spinach	Cheese pizza served with crudités	Soy glazed tofu broccoli with Chow mein noodles	Vegan patty Rice & macedoine	
Vegan	Potatoe & leak soup With half grilled cheese	Vegan cheese rigatone Tomato sauce & spinach	Vegan Cheese pizza served with crudités	Soy glazed tofu broccoli with noodles	Vegan patty Rice & macedoine	
Dessert	Apple sauce	Fresh fruits	Gelatin free yogurt	Fresh fruits	Gelatin free yogurt	
PM	Wholwheat crackers & cheese	English muffin Tuna spread	Zuchini muffin	Crudités with Tzatziki	Oats & cranberry galettes	
Snack						
	11	12	13	14	14	
Regular	Vegan minestrone soup wholegrain bread roll	Meat sauce spaghetti Vegetable of the day	Salmon with couscous & zuchini	Tex mex rice beans, corn & peppers	Veal Ravioli Vegetables of the day	
Vegetarian	Vegan minestrone soup wholegrain bread roll	Minced tofu spaghetti Vegetable of the day	Salmon with couscous & zuchini	Tex mex rice beans, corn & peppers	Cheese Ravioli Vegetables of the day	
Vegan	Vegan minestrone soup wholegrain bread roll	Minced tofu spaghetti Vegetable of the day	Chick peas with couscous & zuchini	Tex mex rice beans, corn & peppers	Vegan cheese pasta Vegetables of the day	
Dessert	Apple sauce	Fresh fruits	Gelatin free yogurt	Fresh fruits	Banana muffins	
PM	Brown rice cake & wow butter	Half bagel Cream cheese	Home made granola bites	Wholwheat crackers & cheese		
Snack						
	18	19	20	21	22	
Regular	Closed	Chick pea curry & cuconut Served naan bread	Chicken stroganoff With pasta	Beef Cheese & veggie rice au gratin	Ground turkey pizza served with crudités	
Vegetarian		Chick pea curry & cuconut Served naan bread	Creamy mushroom stroganoff with pasta	Cheesy vegetable rice au gratin	Cheese pizza served with crudités	
Vegan		Chick pea curry & cuconut Served naan bread	Creamy mushroom stroganoff with pasta	Cheesy vegetable rice	Vegan Cheese pizza served with crudités	
Dessert		Apple sauce	Gelatin free yogurt	Fresh fruits	Gelatin free yogurt	
PM		Wholwheat crackers & cheese	Waffles & wow butter	Pita & eggs salad	Blueberry scones	
Snack						
	25	26	27	28	29	
Regular	Creamy chicken & corn chowder wholegrain bread roll	Mediterranean chick peas pasta, olive, tomatoes	Salmon Rice pilaf	Chicken stew with mashed potato	Cheese & bean quessadilla with crudités	
Vegetarian	Creamy beans & corn chowder wholegrain bread roll	Mediterranean chick peas pasta, olive, tomatoes	Salmon Rice pilaf	Vegetable & tofu stew Mashed potato	Cheese & bean quessadilla with crudités	
Vegan		Mediterranean chick peas pasta, olive, tomatoes	Lentils Rice pilaf	Vegetable & tofu stew Mashed potato	Vegan cheese & bean quessadilla, with crudités	
Dessert	Apple sauce	Fresh fruits	Gelatin free yogurt	Fresh fruits	Gelatin free yogurt	
PM	Brown rice cake & guacamole	Wholwheat crackers & cheese	Crudités & hard-boiled eggs	Raisins bread	Carrots squares	
Snack						